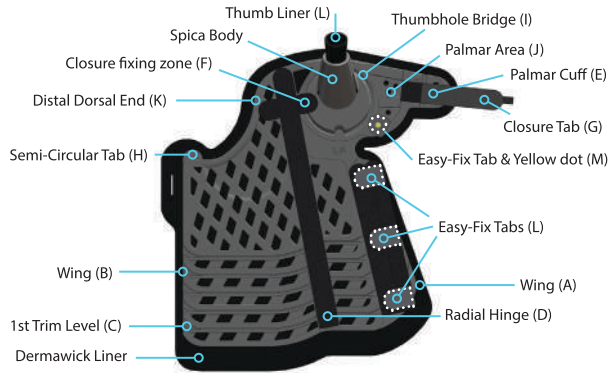


QUICK FITTING GUIDE

FastForm® Thumb Spica Multifunctional Orthosis



Select & Gauge



Measure wrist and arm.



Gauge optimum length, measure 2-3 finger breadths from elbow crease before heating.

Heat



Heat until soft and malleable all over. Continue to heat in one minute increments if necessary.



Fit

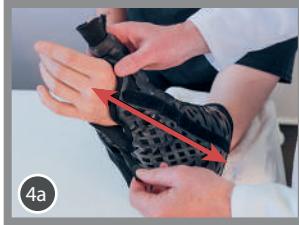


If shortening length, trim using scissors after heating. Leave one trim level more to facilitate folding.



To create a comfort cuff; Fold over proximal level and compress onto next level.

Apply



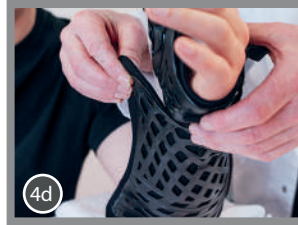
Insert thumb through the thumbhole and Spica and align the radial hinge along the radius.



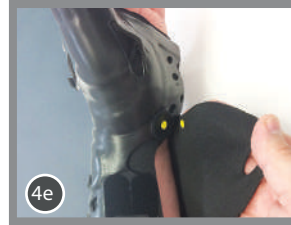
Press the Spica firmly down over the thumb to ensure thumbhole bridge is snugly positioned.



Stretch & wrap palmar cuff to align and fix closure tab (G) onto closure fixing zone (F).



Stretch & wrap wing B around the arm to overlap wing A over its full length. Easy-fix tabs (L) will temporarily secure wing in place.



Align & secure yellow dot (N) with yellow dot (M). Ensure semi-circular tab overlaps base of palmar area. Re-confirm hinge alignment.

Mold



Roll liner back over the Spica for a padded edge keeping it below the first IP joint for greater patient dexterity.



Wrap damped elastic bandage snugly but not tightly to conform thumb Spica.

Mold



Mold thumbhole-bridge & palmar area with an arm-wrestling grip while cupping for dorsal support, up forearm proximally.

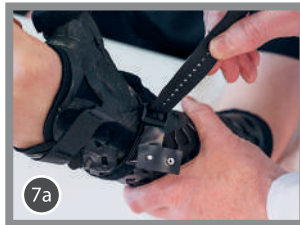
Set



When rigid all over, remove elastic bandage and Easy-fix tabs.



Secure



Fit Compliance-lock strap and tension for a snug fit.

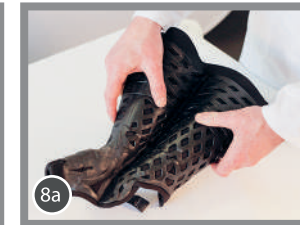


Lock: If required, thread compliance-lock through fabric slot, & snap lock peg fastener in selected perforated hole.

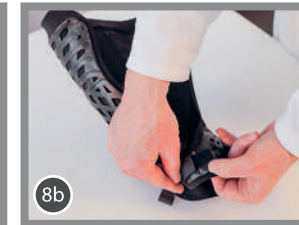


Fit Secondary tension strap and tension for a snug fit.

Rehab



Flex Radial hinge for easy opening and closing.



Flex Palmar cuff hinge for easy opening and closing.