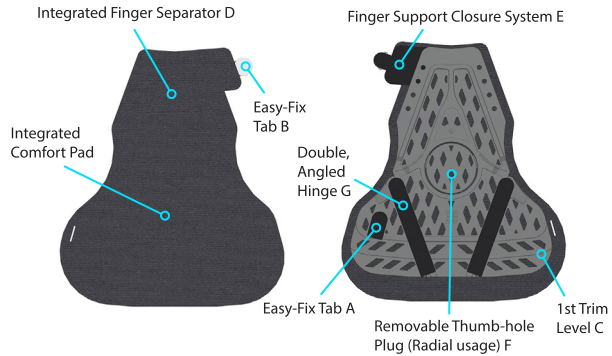


QUICK FITTING GUIDE

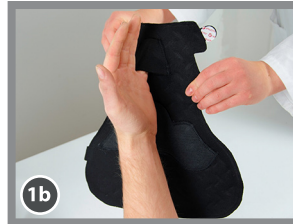
FastForm® Universal Gutter Multifunctional Orthosis



Select & Gauge



Measure wrist and arm. Select appropriate size device by reference to the sizing chart.



Place on hand. Gauge **optimum length** to achieve correct finger coverage and desired constraint of the wrist.

Heat



Heat until soft and malleable all over. Continue to heat in one minute increments if necessary.



Fit

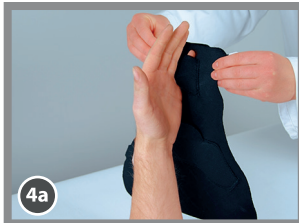


If shortening length, **trim** using scissors after heating. Leave one trim level more to facilitate folding.

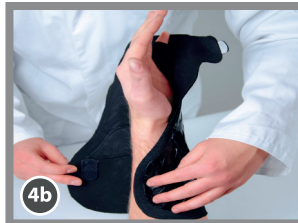


To create a comfort cuff; **Fold** over proximal level C and compress onto next level.

Apply



Insert 5th or 4th and 5th finger through the finger separator D for preferred finger strapping.



Close wrist section by wrapping the outer wing over the Easy-Fix Tab A on the inner wing. Adjustment of the proximal-distal position of the device can be made.



Close the finger section E of the device bringing the velour section between the 3rd and 4th fingers. Remove backing paper and adhere the Easy-Fix Tab B firmly in place.

Mold



Wrap with a damp elasticated bandage to optimise the conformance of the device.



Mold into position maintaining the required finger flexion and control of the metacarpal heads.

Set



When rigid all over, remove elastic bandage and Easy-Fix Tab A.



Secure



Fit Compliance-lock strap and tension for a snug fit.



Lock: If required, using the compliance lock feature.

Radial Usage

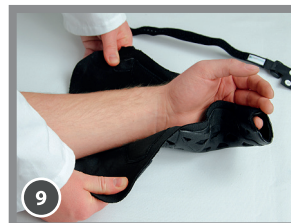


To use as a Radial Gutter remove the pop-out thumb section F and push liner through the thumbhole slot prior to activation.



Apply finger separator D to 2nd or 2nd and 3rd and place thumb through thumbhole. Continue as above.

Rehab



To convert to rehab usage, bend back and articulate both of the angled hinges G. Loosening the Easy-Fix Tab B in the finger section may improve ease of removal and re-application also.

