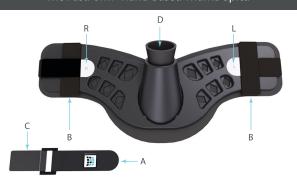
### The FastForm® Hand-Based Thumb Spica

## Select & Apply Strap

#### Heat

### App**l**y





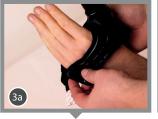
Measure hand. Select appropriate product per sizing chart.



Remove backing paper from logo-end (A) of strap. To treat right-hand, Press it into recess marked "R". To treat Left-hand, press it into recess marked "L".



Heat until soft & malleable all over, fabric side down. Continue to heat in 1 min increments if necessary.



Place HBTS over the thumb.



Remove 2nd backing paper from strap (C).

# Apply



Gently stretch the palmar wing and strap across the palm and overlap on the back of the hand. Press the adhesive tab (C) into the soft PolytrexX°.



Confirm good alignment and positioning of the device particularly at 5th metacarpal.



Roll back thumb fabric D to form comfort edge.



Wrap with a damp elasticated bandage to optimise the conformance of the device.



Mold

Mold into position while maintaining the desired thumb position until HBTS becomes rigid.



Remove the bandage. Verify the position and Range of Motion.

#### Adjust



Adjust the strap if necessary to achieve a comfortable fit.



Articulate the hinge (B) at the end of each wing to facilitate donning & doffing.

